

Spring Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
Mid-morning snack	Applesauce with digestive cookies and water	Muffins with orange slices and water	Cereal with milk, blueberries and water	Yogurt with granola and water	Toast with butter, fruit jam and water
Lunch	Tomato Soup with grilled cheese, fruit, water and milk	Meat balls with sweet potato fries, harvest vegetables, fruit, water and milk	Ravioli with garlic bread, garden salad, fruit, water and milk	Baked fish with macaroni and cheese, mixed vegetables, pudding, water and milk	Pepperoni Pizza with caesar salad, fruit, water and milk
Mid-afternoon snack	Pickle, cheese, meat tray and water	Banana Cream Cheese Quesadillas and water	Spinach dip with crackers, pumpernickel bread and water	Fish Crackers with vegetable tray and water	Oatmeal Cookies with milk and water

Spring Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit	Assorted fruit cups, muffins, loaf bread, granola bars, breakfast bars and fresh fruit
Mid-morning snack	Bagels with cream cheese and water	Scrambled eggs with melba toast and water	Fruit smoothies with graham crackers and water	Rice Cakes with bananas and water	Loaf bread with apple slices and water
Lunch	Spagetti with garden salad, fruit, water and milk	Fish Tacos with potato tots, fruit, water and milk	Hearty Soup with meat subs, water and milk	Chicken Alfredo with broccoli, bread and butter, fruit, water and milk	Ham, hashbrown casserole, harvest vegetables, ice cream, water and milk
Mid-afternoon snack	Trail mix with cucumber slices and water	Assorted Fruit Yogurt with bread sticks and water	Nachos with cheese, salsa, sour cream and water ***Naan breads for infant and toddlers	Rice Krispie Squares, veggie sticks and water	Crackers with cheese and water